

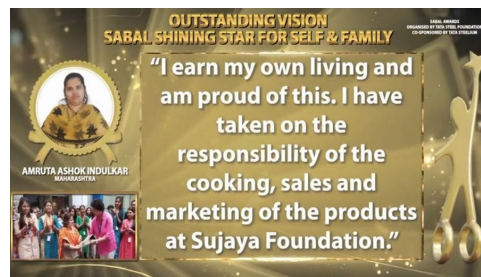
Quarterly Newsletter January to March 2021

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The SABAL Awards

The Sabal Awards was initiated in the year 2019 by Tata Steel Foundation. It is an effort to create a platform which discovers and recognizes talent among persons with disabilities, believing at all times that celebrating their innate spirit must not be forgotten in the pursuit of success. It aims to build counter narratives of normality and stereotypes related to the arts, which are the ultimate expression of spirit. Our specially abled alumni of I Learn - I Earn, Ms. Surya Pratap won the Spirit of Expression, "Sabal Award for Exceptional Dancer". She has been awarded a cash prize of INR 10000/- While Ms. Amruta Indulkar won an award for having an outstanding vision as a "Sabal Shining Star for Self and Family! Congratulations to Surya and Amruta!



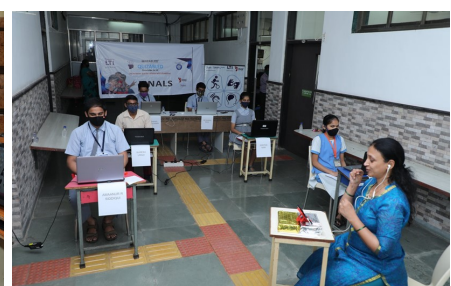
Awareness on POSH for students

An awareness workshop was organized for all the specially-abled and abled students of Sujaya Foundation by Ms. Kavita Nair Bhatia, Co-founder and Director of Chetana Foundation, she heads Chetana NXT, a firm that deals in Corporate trainings. With over 21 years of experience, Kavita is empanelled as a master trainer in various govt and private bodies & has conducted over 950 workshops involving over 28,800 participants. She serves as an external member of the Internal Complaints Committee (ICC) of several companies. Over 100 students participated in the session. This workshop created an awareness about the policy among the students. The students learnt about the POSH policy at workplace and its functioning. They also understood about the ICC, the right way to file a complaint and their rights as employees in case of such incidents, etc.



Quizabled 2020-21

Sujaya Foundation hosted 'Quizabled' 2021- a special quiz competition exclusively for children with special abilities virtually on 23rd and 30th January 2021. The event was implemented by Seva in Action (SiA), a Bangalore based organization and was powered by LTI (Larsen and Toubro Infotech). The virtual quiz for visually impaired and hearing impaired participants was indeed a unique experience for everyone. We thank LTI and Seva-in-Action for their continuous support and guidance!



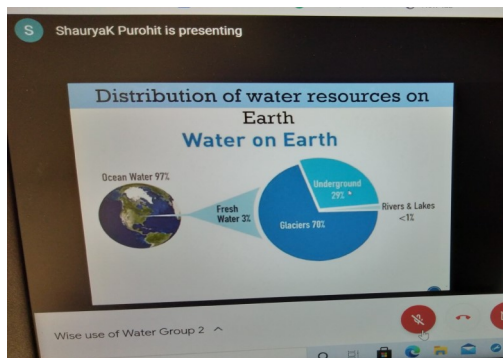
Certificate Distribution

Certificates were given at Bandra and Vashi centre along with Vaccination Awareness session for parents. Students were happy receiving the certificates. Parents also expressed positive remarks about their wards' progress.



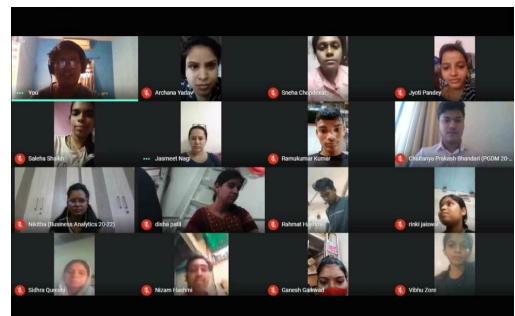
World Water Day

A session was organized for the abled students of Bandra to bring out the importance of World Water Day by the employees of Tata Motors. Shaurya Purohit spoke about the pressing need to preserve this vital resource. He mentioned that only three percent of the fresh water that is available on our planet earth can be used for various purposes. The session created awareness of the global water crisis and spoke about the need to preserve this precious resource for the future generations.



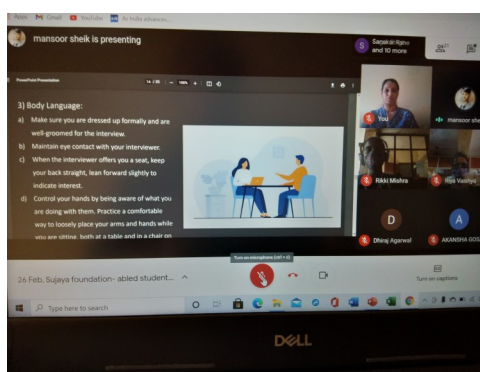
Effective LinkedIn Profile creation

A session on creating an effective LinkedIn Profile was arranged for the TMF SMART students by Volunteers from ITM Business School. It focused on the aspects that the students had to work on to make their profiles noticeable and different. They understood how LinkedIn is a platform for networking and job search. The session was informative highlighted various features of the professional networking site. As a result, many students have created their LinkedIn profiles and initiated their job search through this portal.



Resume Building & Interview Handling

A session on Resume Writing and Interview Handling was conducted by KPMG volunteers for the TMF SMART Project and Bandra centre students. They spoke about the right and effective way to present oneself through a resume. They mentioned the purpose of a resume and the information that should be incorporated in one's resume. They informed the students to mention about internships, extra curricular achievements and other skills. Interview etiquette and tips were also shared.



Women's Day Celebration

A small program was organised at the Bandra centre to celebrate Womens Day Ms. Vinaya Hebbar, a college professor and a Rotary Club member, was the guest speaker of the day. Ms. Hebbar spoke about her personal challenges when she became paralysed on one side. However, she remained undeterred and undertook yoga and swimming sessions that helped her overcome her paralysis and swing back to mobility with renewed vigour. She said that women truly are the most effective multi taskers and have the potential to face any daunting situation. Indeed, it was very inspiring to hear her story.

